



MOVING FORWARD - TOGETHER

Two years ago, I was honoured to be appointed Chair of the Board of Lanark, Leeds and Grenville Addictions and Mental Health (LLGAMH). As I begin my third year in this role, I continue to be amazed by the committed and passionate LLGAMH team — particularly during the ongoing global pandemic.

Our goal is clear — the right care, at the right time, in the right place. Together, we continue to build upon the foundational work that has set LLGAMH up for success. Our interim co-CEOs Kim Gifford and Andrew Brown are leading the way, taking that care to the next level.

Thank you to my fellow Board members and the LLGAMH team for your support and your commitment to caring for our clients.



Roger Haley, Board Chair



We're Here For You!

While COVID-19 continues to impact every aspect of the care we provide in local communities, it has also taught us to be flexible and innovative. From virtual consultations to new residential treatment home activities (like tie-dying and Jays games above!), the caring continues.

Over the past year, LLGAMH provided care and services to close to 4,000 clients who reached out for help with many challenges including depression, anxiety, substance use, family and relationships, challenges, grief, trauma, and housing. We continue to work with our partners to respond to the needs within our local communities. LLGAMH serves clients throughout Lanark, Leeds and Grenville — from Brockville to Almonte to Delta to Lombardy to Seeley's Bay.

We're here for you!

ICARE
Integrity · Compassion · Accountability · Respect · Equality

A Year in Review

Despite the pandemic, work continues to strengthen LLGAMH, our team, and our programs. Here are just a few highlights from the past year:

- ◆ **I Pledge** LLGAMH was honoured to work with the late Jack Butt and the Brockville Shriners team to launch an I Pledge campaign to support youth. The Shriners led the way, encouraging everyone to take the pledge to be an ally, supporter, and confidant, and ensure that every child has the support that they need to simply enjoy being a kid. We are so grateful for their support.
- ◆ **Community Support** Thank you to the many donors who have raised funds for LLGAMH's programs. Every gift has had a direct impact on the clients we work with.
- ◆ **Supportive Funders** Thank you to Ontario Health, the Ministry of Health, Ministry of the Attorney General, the United Way Leeds & Grenville and the United Counties of Leeds and Grenville for their ongoing funding and additional grants.
- ◆ **Growing Our Team** A great place to work! We are working hard to attract and retain the best team to care for our clients. Clinical team members and new management roles that support front-line staff are making a difference.
- ◆ **Building Our Culture** Over the past year, the LLGAMH team has been examining our ICARE values and pledging our commitment to them. We showed our One Team spirit through a Christmas toy drive for the local Angel Tree. We know we can provide better care for our clients if we care for each other as well.



Committed Volunteers

The LLGAMH Board includes volunteers from communities across Lanark, Leeds and Grenville. Thank you for your passion for improving mental health and addictions care in our region.

- ◆ **Roger Haley** - Board Chair
- ◆ **David Price** - Vice Chair & Chair, Quality
- ◆ **Shelley Bacon** - Chair, Resources
- ◆ **Carole Dufort**
- ◆ **Ron Holman**
- ◆ **Paul Howard**
- ◆ **Dr. Alison Inglis**
- ◆ **Candace Kaine** - Chair, Governance
- ◆ **Mike Larocque**

(Thank you to Christina Latifi, Cait Maloney and Felicia O'Hara for their time on the Board.)

Read LLGAMH's full financial statements at www.llgamh.ca.

Let's Connect! As we move forward together, we want to hear from you. Share your ideas and help us ensure the very best care for our clients. Contact us at langstaffs@llgamh.ca.

LLGAMH offers services and programs to people who are experiencing substance use and/or mental health concerns.

Mental health services are provided for those 16 years and older and substance use services to persons of any age.

We also recognize that family members and caregivers play a significant role within our client's circle of care.

We support family members and caregivers through counselling and group activities.

Our "one door – one number - one click" philosophy ensures easy and simple access to the tools and support you need.